



National Assessment & Accreditation Council

Marathwada Mitra Mandal's



WELFARE OF MASSES

## Shankarrao Chavan Law College, Pune

| Affiliated to SPPU, Pune | Accredited with 'A' grade by NAAC | [www.sclc.edu.in](http://www.sclc.edu.in) |

202/A, Deccan Gymkhana, Pune-411004

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### **Metric Id: 5.1.2**

### **Consolidated Brochure / Circular of all the events conducted for Capacity Building and Skill Enhancement for the A. Y. 2020-21**

<b>Sr. No.</b>	<b>Name of the Capacity Building and Skill Enhancement Program</b>	<b>Date</b>
<b>1</b>	Online webinar on the topic of Healthy Lifestyle & Cancer Prevention	11 <sup>th</sup> September, 2020
<b>2</b>	Certificate Course on Personality Development and Communication Skills	Starts from 28 <sup>th</sup> May 2021



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Date: 02.09.2020

### Notice

#### Online webinar on the topic of Healthy Lifestyle & Cancer Prevention

This is to inform all the students that an 'Online webinar on the topic of Healthy Lifestyle & Cancer Prevention' is arranged by the Legal Aid Centre of the college. Attendance is mandatory for all the students.

MARATHWADA MITRA MANDAL'S  
SHANKARRAO CHAVAN LAW COLLEGE,  
PUNE  
(AFFILIATED TO SAVITRIBAI PHULE PUNE  
UNIVERSITY & ACCREDITED WITH A  
GRADE BY NAAC)

**Legal Aid Centre**  
In Collaboration with  
**Sanjeevani - Life Beyond Cancer**  
(AN AWARD-WINNING REGISTERED PUBLIC TRUST DEVOTED TO ENRICHING THE  
LIVES OF CANCER PATIENTS AND RAISING THE BAR OF CANCER CARE IN INDIA)

Organises Webinar on  
**Healthy Life Style & Cancer Prevention**  
**September 11, 2020**  
**11 a.m.**

Registration Link:  
<https://forms.gle/9VtJ6k42x77xwu6Q8>

ZOOM MEETING ID:  
**810 2310 5786**  
PASSCODE: 854243

LIVE ON OUR  
YOUTUBE CHANNEL:  
**SCLC CARPEL**

Certificates will be provided to participants

**Convenor**  
Prin. B. G. Jadhav  
Exec. President, MMM  
Dr. Kranti Deshmukh  
Principal, MMM SCLC

Jyoti Krishnamurty  
Program Coordinator, Mumbai  
Dr. Ashwini Ingole  
Program Coordinator, Pune

**Principal**  
Dr. Kranti Deshmukh





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202/A, Deccan Gymkhana, Pune-411004

Date: 03.05.2021

## Notice

### Certificate Course on Personality Development and Communication Skills

This is to inform all the students that 'Certificate Course on Personality Development and Communication Skills' is arranged by the college. Kindly Contact Asst. Prof. Revati Naik madam for registration and more details.

**CENTRE FOR ADVANCED LEGAL RESEARCH AND TRAINING**  
(Registered under Bombay Public Trust Regulation, 1950 Registration No. 50676/P/1)  
**Marathwada Mitra Mandal's**  
**Shankarrao Chavan Law College, Pune**  
(Affiliated to Savitribai Phule Pune University and accredited with "A" grade by NAAC)

**Certificate course on Personality Development and Communication Skills**

Personality is the collective exposure of personal character traits of an individual which can be his thought pattern, feelings, and emotional exuberance.

The course aims to cause a basic awareness about the significance of soft skills in professional and inter-personal communications and facilitate an all-round development of personality.

**Course Starts from 28th May 2021**

Duration- 10 Days (30 hours)	<b>Training Methodology</b>
Days- Friday, Saturday and Sunday	Lecture-cum-discussion
Timings- Friday and Saturday 4.30 to 7.30	Management Games
Sunday- 10.00 a.m. onwards	Case studies
	Brainstorming Session

**Training by Qualified, Experienced & Acknowledged Trainers**

Eligibility- Any Graduation (completed/ Pursuing)	<b>Payment Details -</b>
Mode- Online through Zoom meeting	A/c Name - SCLC's Centre For Advanced legal Research and Training
	A/C No. 50100233688796
	IFSC - HDFC0000103
	Bank Name HDFC Bank
	Branch Name - Fergusson Road, Pune

Fees - Rs. 2500/-

Register by clicking link below  
<https://forms.gle/ZstYwUbaq2KVfogg7>

**Convenor**  
Prin. B.G Jadhav      Dr. Kranti Deshmukh      Asst. Prof. Dr. Revati Naik  
Exe. President, MMM Institute      Principal, SCLC      Secretary, CALRT

Asst. Prof. Krishna Badade  
Faculty in charge and Coordinator

**BENEFITS OF THE PERSONALITY DEVELOPMENT & COMMUNICATION SKILLS COURSE**

By attending this training students will learn how to:

- Identify the link between motivation and performance
- Improve ability to communicate effectively
- Improve interpersonal skills and ability to work in a team.
- Recognize the external factors that can influence performance
- Discover ways to build and encourage self motivation
- Learn effective strategies to encourage and sustain positive attitude
- See things in different perspectives
- Manage and adapt to change
- Have a clear vision and overcome obstacles

**Major Content of Course**

<ul style="list-style-type: none"> <li>1. Introduction to Personality and working towards developing it           <ul style="list-style-type: none"> <li>• Definition &amp; Basics of personality</li> <li>• Analyzing strength &amp; weakness through SWOT</li> <li>• Corporate theories on personality Development</li> <li>• Increasing Vocabulary</li> <li>• Body Language</li> <li>• Preparation of Self Introduction</li> </ul> </li> <li>2. Techniques in Personality development Stage I           <ul style="list-style-type: none"> <li>• Communication Skills</li> <li>• Listening</li> <li>• Communication Barriers &amp; how to overcome them</li> <li>• Presentation skills &amp; Public Speaking</li> <li>• Building Self Esteem and Self Confidence</li> <li>• Working on attitudes i.e. aggressive, assertive, and submissive</li> </ul> </li> <li>3. Techniques in Personality development Stage II           <ul style="list-style-type: none"> <li>• Introduction to Leadership</li> <li>• Leadership Styles</li> <li>• Group Dynamics • Team Building</li> </ul> </li> <li>4. Techniques in Personality development Stage III           <ul style="list-style-type: none"> <li>• Interpersonal Relationships</li> <li>• Time management &amp; Goal Settings</li> <li>• Stress Management</li> <li>• Causes, Impact &amp; Managing Stress</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>5. Growth Mindset           <ul style="list-style-type: none"> <li>• Understanding your mindset and its impact on overall development</li> <li>• Removing the barriers from the growth of mindset</li> <li>• Freeing yourself from the labels such as shy, average etc</li> </ul> </li> <li>6. Regulation of Emotions           <ul style="list-style-type: none"> <li>• Analysing our emotions</li> <li>• Learning a constructive way to deal with negative emotions</li> </ul> </li> <li>7. Getting things done           <ul style="list-style-type: none"> <li>• Being organised and skipping the stress</li> <li>• Skills and Tricks to get our work done</li> </ul> </li> <li>8. Basics of professional communication           <ul style="list-style-type: none"> <li>• Fundamentals of professional communication</li> <li>• Writing emails as a part of professional communication</li> </ul> </li> <li>9. Keeping yourself Fit           <ul style="list-style-type: none"> <li>• Basics of diet</li> <li>• Importance of exercise</li> </ul> </li> <li>10. Use of ICT in effective Professional communication           <ul style="list-style-type: none"> <li>• Google Docs</li> <li>• Google Slides</li> <li>• Google Forms and Google Spreadsheet</li> <li>• Creating Presentations with Canva, Press, Renderforest etc.</li> </ul> </li> </ul>
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For Queries - You may contact on 9403776852/9881712873  
or You can send mail on [calrt.sclcl@gmail.com](mailto:calrt.sclcl@gmail.com)

Principal  
Dr. Kranti Deshmukh

